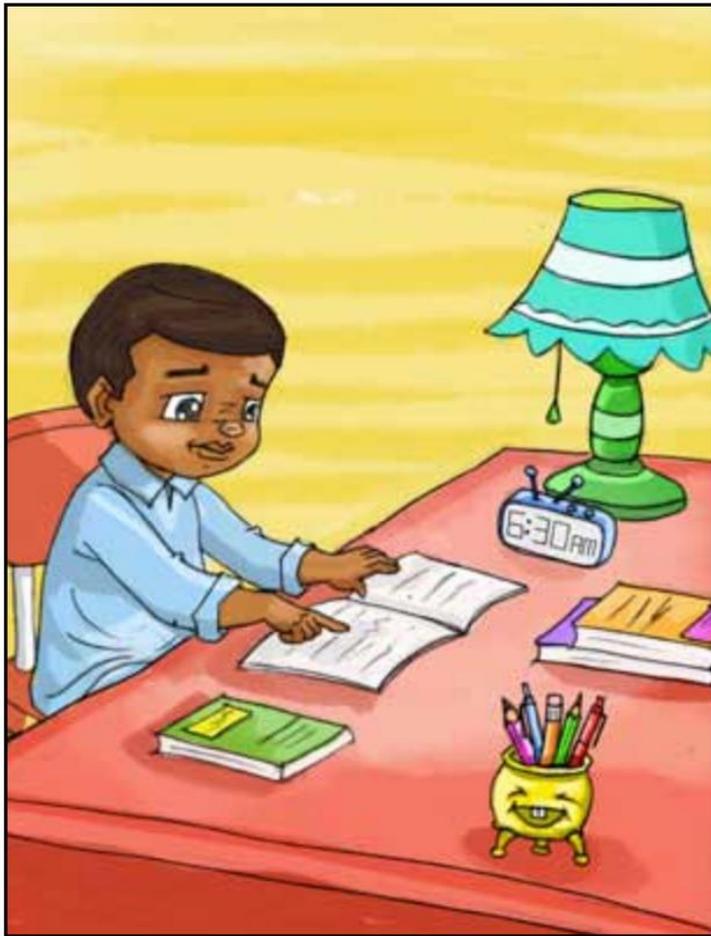


Adventures in Human Values™
Stories for Children

DISCIPLINE



Series 4, Book 5

By Vinesh Nambiar

Illustrated by Albert Lalmuanpuia Ralte

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www.hv4k.org

“You must have discipline, CJ, if you want to achieve success in life,” said CJ’s Dad.

He always said this to CJ, but CJ never quite understood what his Dad meant until he got selected as a finalist to represent his school in the *City Spelling Bee*.



Before CJ was selected as a finalist, he had to spell words with the top spellers in his school.

In the final round, it was just CJ, Eric, and Shalini left. CJ was really sweating because some of the words Eric and Shalini were asked to spell were very hard, scientific words that CJ didn't know how to spell.

SCHOOL SPELLING BEE



Luckily, he was never asked to spell those words, so they all made it through. However, after that, CJ became scared because he realized that not all words were easy for him to spell.

He told his Dad about it and his Dad said, “CJ, remember when we were at the library yesterday and that boy was making noise during story-time.”

“Yes, Dad, I remember,” responded CJ.



His Dad went on to explain, “Well, CJ, his Mom had to keep telling him to stop for him to be quiet. Although the boy showed some discipline by finally listening, his Mom had to tell him over and over.”



“During story-time, you were being quiet, but nobody had to tell you. You just knew the rules and did the right thing. That is called self-discipline, which is the highest form of discipline. Now if you want to learn how to spell new words, then you need to do whatever it takes for you to feel confident. If you need any help, I am here for you. Do you understand, CJ?”

“Yes, Dad,” replied CJ.



For the next month, CJ woke up early every morning and learned how to spell three new words a day, all on his own.



By the time of the *City Spelling Bee*, he had learned how to spell ninety new words.

CITY SPELLING BEE



During the Spelling Bee, CJ saw sweat coming down from the other kids' faces because the words were so hard. However, CJ just smiled because he could spell every word.

CITY SPELLING BEE



CJ ended up winning the City Spelling Bee, but his favorite word of all was spelled ***D-I-S-C-I-P-L-I-N-E***.

CITY SPRING

D-I-S-C-I-P-L-I-N-E



This book is dedicated to the Love that resides in the hearts of everyone.

108 Steps to Love



Media that Makes a Difference

V.O.W.



The End of Education is Character

C.O.R.E

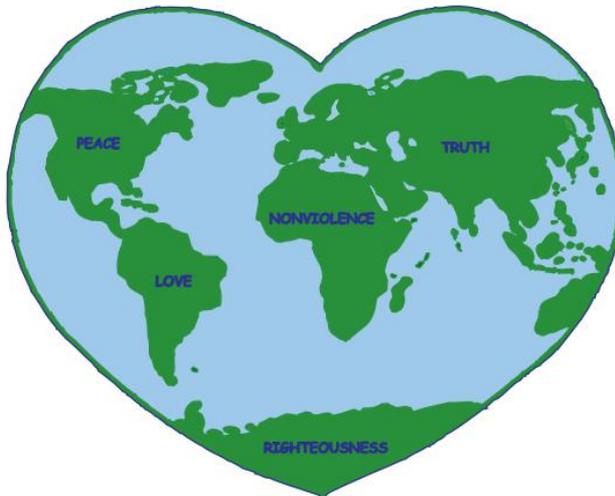


Research that can Change the World

Learn more about the projects above at www.hv4k.org/framework .

The Human Values 4 Kids Foundation is a nonprofit organization dedicated to promoting universal human values in children. All products, projects, and programs developed by the organization have this aim in mind and contribute to this end. The organization operates on the premise that there is no solution more effective to solving the problems facing our world than to elicit the innate wisdom that resides in the hearts of our children. The organization has been built on the foundation of Peace, Truth, Righteousness, Nonviolence, and Love. Hence, the vision for The Human Values 4 Kids Foundation is to change the world one heart at a time through values that apply to all people at all times in all places.

The Human Values 4 Kids Foundation™
changing the world one heart at a time



www.hv4k.org

Adventures in Human Values™

Stories for Children

The Adventures in Human Values books are simple, yet powerful stories that teach kids about the importance of basic human values.

Join Shivam, Khiara, Dorian, Elizabeth, CJ, Julia, Ahmed, Melia, and Keisha as they learn about **STRENGTH, BRAVERY, GRATITUDE, ACCEPTANCE, DISCIPLINE, HAPPINESS, COOPERATION, HOPE, and SELF-CONTROL** in this inspiring fourth series.

If we are to change the world for the better, then it must begin in the hearts of our children.

