

Adventures in Human Values™
Stories for Children

KINDNESS



Series 1, Book 2

By Vinesh Nambiar

Illustrated by Albert Lalmuanpuia Ralte

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THE HUMAN VALUES 4 KIDS FOUNDATION™



www.hv4k.org

It was Mykell's first day at her new school and she was a little scared.

She didn't know anyone at this school and she didn't know her way around.

She was alone.



As she was walking to class, some mean kids started making fun of her.

“Look at those freckles. She’s a freckle face,” they said loudly.

They were laughing at her and not being nice.



Mykell tried to walk past them quickly, but it felt like it took forever.

As soon as she turned the corner, she sat on a bench and tears began falling from her eyes.



A pretty girl then walked by and saw her there. Mykell looked up and noticed her, but put her head back down because she didn't want to be made fun of again.

Instead of making fun of Mykell, the girl walked up to her and said, "Hi, my name is Khiara. Are you okay?"



Mykell tried to hold back her tears, but she couldn't.

She said, "I'm new at this school and I don't have any friends. I was just trying to find my way around, when a group of kids started making fun of me because I have freckles. It made me feel so sad."



Khiara immediately said, “Those kids don’t know anything. I think they were being mean because they are not happy on the inside. I actually think your freckles are really cute and they make you unique.”

“You think so?” asked Mykell.

“I wouldn’t say it if I didn’t mean it,” said Khiara.



Then Khiara asked, “Do you want to come play on the monkey bars with me and my friends until class starts?”

“You want me to play with you and your friends?” asked Mykell.

“Yes,” said Khiara. “Come on, let’s go!”

Mykell ran off with Khiara and joined her friends. They laughed so much and were so happy playing together.



As soon as the school bell rang, Khiara walked with Mykell to class. They even sat by each other in class.



When Mykell's Dad picked her up from school, he asked, "So Mykell, how was your first day of school?"

Mykell happily replied, "It was great, Dad! I made a friend named Khiara. She is one of the ***kindest*** girls I have ever met."



This book is dedicated to the Love that resides in the hearts of everyone.

108 Steps to Love



Media that Makes a Difference

V.O.W.



The End of Education is Character

C.O.R.E

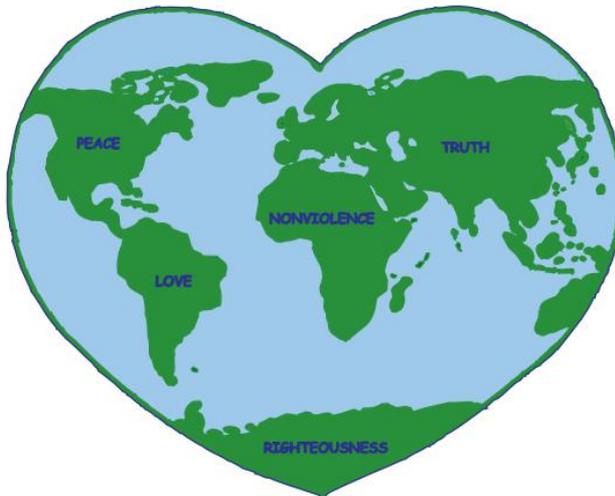


Research that can Change the World

Learn more about the projects above at www.hv4k.org/framework .

The Human Values 4 Kids Foundation is a nonprofit organization dedicated to promoting universal human values in children. All products, projects, and programs developed by the organization have this aim in mind and contribute to this end. The organization operates on the premise that there is no solution more effective to solving the problems facing our world than to elicit the innate wisdom that resides in the hearts of our children. The organization has been built on the foundation of Peace, Truth, Righteousness, Nonviolence, and Love. Hence, the vision for The Human Values 4 Kids Foundation is to change the world one heart at a time through values that apply to all people at all times in all places.

The Human Values 4 Kids Foundation™
changing the world one heart at a time



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Adventures in Human Values™

Stories for Children

The Adventures in Human Values books are simple, yet powerful stories that teach kids about the importance of basic human values.

Join Shivam, Khiara, Dorian, Elizabeth, CJ, Julia, Ahmed, Melia, and Keisha as they learn about **COURAGE**, **KINDNESS**, **FORGIVENESS**, **TEAMWORK**, **COMPASSION**, **LISTENING**, **CARING**, **SELF-CONFIDENCE**, and **SHARING** in this inspiring first series.

If we are to change the world for the better, then it must begin in the hearts of our children.

