

# my PRAYER

the second pillar of Islam



*Successful indeed are the believers  
who are humble in their prayers*

**BOOKLET ONE**

## Setting the Foundation

A step-by-step instructional  
guide to learn how to pray

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The My Prayer project is an initiative designed to assist Muslims grasp the basic knowledge regarding prayer, in order to establish them and fulfil the 2nd pillar of Islam.

This fantastic Islamic educational resource pack consists of an instructional DVD, professionally filmed and produced to enhance the learning experience, a comprehensive guide to prayer in booklet form and a step by step prayer mat which can be used during prayer, and will serve as a guide until the prayer has been learnt by the individual.

The DVD is professionally filmed, directed and produced, offering viewers high quality educational content. My Prayer DVD is narrated by Sheikh Bilal Dannoun, guiding viewers through the actions of making ablution (wudu) and performing prayer in a simple and easy to understand style. Other aspects of prayer, such as the pre-requisites of prayer will be discussed, giving viewers a complete overview of what is required to perform their prayers in the best and correct manner.

By the Will and Grace of Allah the Most High, the My Prayer Project has benefited thousands of Muslims around the world, with overwhelming requests pouring through day by day, by individuals and organisations requesting My Prayer Packs to either use or distribute to others.

The My Prayer Pack will be available for FREE to individuals and at a cost price to organisations all across the globe insha'Allah. As this is a project based on donations, we urge our brothers and sisters to give generously for the sake of Allah and for the sake of assisting at least 1 person to establish their prayer.

The My Prayer Project is an initiative by Iman Projects, who were established in order to fill voids within the Muslim community at large, by developing Islamic orientated programs and projects which would assist in this process and further educate and develop the Muslim community.

The main aim is to produce innovative projects and ideas to engage and captivate the targeted audience, whilst ensuring the desired outcome is achieved. With the main focus intended for the Muslim community in Australia, positive feedback was received by brothers and sisters from different parts of the world, expressing their interest and eagerness to assist establishing these projects on a global scale.

Iman Projects has now established various projects in the fields of Islamic Education, Art, Film Literature and Entertainment and have formed an international network to assist in the implementation and promotion of these projects.

# SALAH IS ONE OF THE FUNDAMENTAL PILLARS OF ISLAM.

It was the first act of worship that was made obligatory by Allah and it is the last thing to be taken away from the religion. When it perishes, Islam will perish. Its obligation was revealed directly to the Prophet ﷺ, during his ascension to the heaven and it was made obligatory upon every sane, adult Muslim.

Salah is the first action that a believer will be questioned about, for the Messenger of Allah ﷺ said,

*"The first act that the slave will be accountable for on the Day of Judgement will be prayer. If it is good, then the rest of his acts will be good. And if it is deficient, then the rest of his acts will be deficient".*

The importance of Salah is so great that one is ordered to observe it in all occasions, whether one is healthy or sick, whether one prays standing, sitting or lying down,

whether one is travelling or residing and whether one is safe or in fear.

Salah is our key to success in this world and in the hereafter. Allah ﷻ says in His Glorious Book, *"Successful indeed are the believers who are humble in their prayers"* and in another verse *"And who pay heed to their prayers. These are the heirs who will inherit Paradise. There will they abide"* (al-Mu'minun: 1-2, 9-11)

The main purpose of this booklet is to help you learn how to pray correctly as taught to us by the Prophet Muhammad ﷺ. It provides a simplified, illustrated step-by-step guide to Salah and Wudu' which we hope will get you up and running quickly.

For a more detailed and comprehensive explanation, please refer to your local masjid or islamic bookstore for an advanced book on Salah.

We ask Allah to accept from us our actions and forgive us for our shortcomings, and inshaAllah you will find the contents of this booklet beneficial.



### DEFINITION OF SALAH

The Arabic word Salah originates from the word silah which means connection. The Islamic definition of Salah is the name given to the formal prayer of Islam. The prayer is one of the obligatory rites of the religion, to be performed five times a day by every obedient adult Muslim. It is a connection between the human and his Creator Allah ﷻ.

### 2ND PILLAR OF ISLAM

Salah is the second pillar of Islam. Performing Salah is the first priority after belief in the Oneness of Allah ﷻ and in the prophethood of Muhammad ﷺ.

It is such an important pillar, that Muslims are called upon to perform this act of worship in all circumstances without fail.

### WHO MUST PRAY

Prayer is obligatory upon every sane adult Muslim. A person is considered an adult upon reaching puberty.

There are four signs of puberty (any one of these signs means the person has reached puberty):

1. Wet dreams
2. Pubic hair
3. Menstruation (for girls)
4. Reaching the age of 15 (lunar years)

## THE NAMES AND TIMES OF THE 5 DAILY SALAH



2 UNITS

**Fajr**

**The Dawn Prayer**

is performed after dawn and before sunrise. It consists of 2 units (raka'ah).



4 UNITS

**Dhuhr**

**The Noon Prayer**

is performed when the sun begins to decline from the zenith point. It consists of 4 units (raka'ah).



4 UNITS

**Asr**

**The Afternoon Prayer**

is performed midway between noon and sunset. It consists of 4 units (raka'ah).



3 UNITS

**Maghrib**

**The Sunset Prayer**

is performed immediately after sunset. It consists of 3 units (raka'ah).



4 UNITS

**Isha'**

**The Night Prayer**

is performed after twilight up until fajr although it is preferred to be prayed before the middle of the night. It consists of 4 units (raka'ah).

### PRAY ON TIME

Remember, it is best to perform each of the five obligatory prayers as soon as the time has commenced, as it is not permitted to delay them without a valid reason, and it must not be delayed beyond its permitted time.

### MISSED PRAYERS

It is a major sin to miss a prayer deliberately; the missed prayer must be made up as soon as it is remembered. Any made-up prayer is performed in the exact manner it is prayed during its specified time.

### PRAYER CALENDARS

It is advised that you refer to an Islamic prayer timetable published by one of the local Islamic centres in your city for exact prayer times throughout the year.

Allah says:

“Verily, the prayer is enjoined on the believers at fixed times”

(Al-Nisaa 4:103)

## THE COMPULSORY AND SUNNAH PRAYERS

The following are the number of compulsory and sunnah units associated with each prayer. The highlighted boxes are obligatory.

The sunnah prayers are highly recommended, and the person will receive great reward for performing them - but no sin is incurred for skipping them.

Prayer	Before (Sunnah)	Compulsory	After (Sunnah)
Fajr	2	2*	—————
Dhuhr	2 + 2	4	2 or (2 + 2)
Asr	2 + 2	4	—————
Maghrib	2	3*	2
Isha'	2	4*	2

\* The Qur'anic recitation of the first two units of each of the prayers which have the asterisk besides them should be read aloud. All other units of these prayers and other prayers without an asterisk should be recited silently.

## PURIFICATION AND CLEANLINESS - TAHAARAH

Purification is a very important matter in Islam. One must purify their intention for Allah alone and purify their bodies and clothes before beginning the Prayer.

Hygiene and cleanliness are very important aspects of a Muslim's life. One must ensure that their bodies, clothing and place of prayer is free from impurities such as urine, faeces and any other impure substances. After going to the toilet, it is recommended to wash the private parts with water if it is available and does not cause harm (due to injury for example).

It is obligatory to have a full shower known as Ghusl after intimate relations between the husband and wife, after ejaculation (due to a wet dream, for example), and upon completion of a woman's menses or post-natal bleeding.

## INTENTION – NIYYAH

All actions in Islam require a clear intention before performing the act, with the action to be performed purely for the sake of Allah.

The place of the intention is the heart.

In the Glorious  
Quran, Allah ﷻ  
states

“Truly, Allah loves those who turn unto Him in repentance and He loves those who purify themselves”  
(Al-Baqarah: 222)

The Prophet ﷺ  
said:

“Actions are only by intentions and every man has only that which he intended ...”

# ABLUTION – WUDU'



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### THE IMPORTANCE OF WUDU'

The Prophet Muhammad ﷺ said: "The Salah (prayer) of anyone of you who has invalidated his purification, is not accepted unless he makes wudu." (Bukhari)

### THE VIRTUES OF WUDU'

The Prophet Muhammad ﷺ said: "When the Muslim or believing servant performs ablution and washes his face, each sin he has committed by his eyes washes away with the water. When he washes his hands, each sin his hands have committed washes away with the water – or with the last drop of water until he becomes free of sin." (Malik and others).

### BEFORE DOING WUDU'

- ① Go to the toilet first (if required). You should use the toilet and then wash the private parts before performing wudu'.
- ② It is good practice to clean the teeth with siwak (tooth-stick) or a toothbrush before performing wudu' as taught by the Prophet Muhammad ﷺ.
- ③ Before starting the actions of wudu' it is necessary to make your intention of washing is for the purpose of wudu' only.

# HOW TO PERFORM WUDU' (STEP-BY-STEP)

THE FOLLOWING STEPS MUST BE OBSERVED IN ORDER (TARTEEB).

STEP

1



**BEFORE WUDU'** Intention of making wudu' should be done in the heart, then say:

*Bismillah*

In the name of Allah

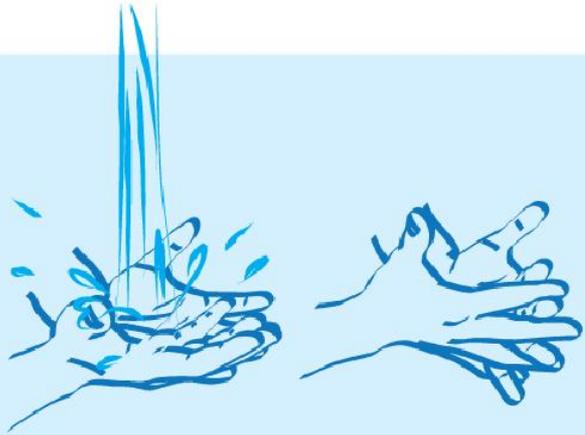
بِسْمِ اللَّهِ

STEP

2

x3

Completely washing the hands including the wrists and between the fingers (3 times).



**STEP 3****x3**

Rinse the mouth (3 times). Using the right hand, put a small amount of water into the mouth, swirl around, then expel.

**STEP 4****x3**

Sniff water into the nostrils as far as possible with the right hand, and then sniff it out with left hand (3 times).

**STEP 5****x3**

Wash the face from forehead to chin, left earlobe to the right earlobe making sure the whole face is washed (3 times).

**STEP 6**

x3

Wash the two arms up to and including the elbows, hand and between the fingers. Begin with the right arm (3 times for each arm).

**STEP 7**

x1

Wipe the head with wet fingers starting at the fringe to the back hairline and back the same way all in one movement. (once only)

**STEP 8**

x1

Simultaneously wipe the insides of both ears with the index fingers, and the back of the ears with the thumbs (once only).



## STEP 9

x3

Wash the feet including the ankles and between the toes.  
Begin with the right foot.  
(3 times for each foot).



## STEP 10

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

*Ash-hadu anllaa ilaaha illallaah wa ash-hadu anna Muhammadan 'abduhu wa rasooluh*

I bear witness that there is no God worthy of worship except Allah.  
And I bear witness that Muhammad is His slave and Messenger.



اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

*Allahuma ij-'alnee minat-tawabeen waj-'alnee minal-mutatahireen*

Oh Allah, make me among those who turn in repentance to you and make me among those who purify themselves.

The Prophet Muhammad ﷺ said: "Whoever performs Wudu' well then says, (the mentioned supplication); the eight gates of Paradise will be opened for him to enter through any one he wills."  
(Muslim)

### AL-MASAH (WIPING)

Wiping over leather (thick) socks with wet hands instead of washing the feet is allowed, provided that the socks have been put on after performing ablution, including washing the feet.

This is allowed for 24 hours from the time of ablution, and for 3 days if the person is travelling on a journey. After this time, the feet must be washed when performing wudu' and the period of al-masah (wiping) is restarted.

Similarly if there is a wound in any parts of the body which has to be washed in ablution, and if washing that particular part is likely to cause harm, it is permissible to wipe the dressing of the wound with a wet hand.

## ACTIONS THAT NULLIFY WUDU'

Wudu' is broken and must be redone before praying if any of the following acts occur:

1. Passing wind.
2. Passing urine or faeces.
3. Deep sleep, whereby one loses awareness.
4. Unconsciousness or intoxication.
5. Touching the private parts with the hand and fingers without a barrier.
6. Intimate relations between husband and wife or ejaculation (due to a wet dream, for example). A full shower known as Ghusl is required in this situation.

If a person forgets whether they have nullified their wudu' or not, then their wudu' is NOT nullified (regardless of whether the person is praying or not) until they are certain that they have nullified their ablution through one of the acts listed above.

### Note:

A menstruating or post natal woman must not pray as long as blood is visible. Her missed prayers do not have to be made up.

# PRAYER – SALAAT



### BEFORE YOU BEGIN THE PRAYER:

Before you begin the prayer, you must ensure you fulfill the following requirements (where possible):

- 1 Wearing the correct clothing.
  -  A man must cover the front and back of his body between his navel and knees, as well as both his shoulders when praying. The garments must be loose and non-transparent.
  -  A woman must cover her entire body, except for her hands and face. The garments must be loose and non-transparent.
- 2 Ensuring body, clothing, and place of prayer is free from impurities.
- 3 Being in a state of purity. i.e. to have Wudu' (Ablution)  
The Prophet ﷺ said: "Allah does not accept prayer with out purity." (Muslim)
- 4 The time for the prayer has started. Allah ﷻ says: "Verily, the prayer is enjoined on the believers at fixed times."
- 5 Facing the Qiblah - Direction of the Ka'bah.  
Where ever a Muslim is in the world, they must face towards Makkah for prayer. There are special compasses designed to help you find the Qiblah direction.
- 6 Praying towards some sort of partition (Sutrah) when alone and in an open area.

## HOW TO PERFORM SALAH (STEP-BY-STEP)

### PERFORMING THE FIRST RAK'AH (UNIT) OF PRAYER.

After facing the Qiblah, the person should make their intention about the particular obligatory or optional prayer they intend to perform.

#### STEP 1



In the standing position, raise both hands so that your finger tips are in line with the shoulders or ears. Your palms should be facing outward. Then say:

*Allaahu Akbar*  
Allah is Greatest

الله أكبر

#### STEP 2

Place your hands on your chest, with the right hand over the left. Then say:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

*A'oothu billaahi minash-shaytanir-rajeem*  
I seek refuge with Allah from Satan the accursed





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

① *Bismillaahir-rahmaanir-raheem*

In the name of Allah, the Most Beneficent, the Most Merciful

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

② *Al-hamdu lillaahi rabbil 'aalameen*

Praise be to Allah the Lord of the Worlds

الرَّحْمَنِ الرَّحِيمِ

③ *Ar-rahmaanir-raheem*

The Most Beneficent, the Most Merciful

مَالِكِ يَوْمِ الدِّينِ

④ *Maaliki yawmiddeen*

Master of the Day of Judgement

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

⑤ *Iyyaaka na'budu wa iyyaaka nasta'een*

You alone we worship and in You alone we seek help

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

⑥ *Ihdinas-siraatal mustaqeem*

Guide us to the straight path



صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

7

*Siratallatheena an'amta 'alayhim*

The way of those whom You have favoured

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ

*Ghayril maghdoobi 'alayhim*

Not the way of those who have earned Your anger

وَالضَّالِّينَ

*Waladdaalleen*

Nor of those who have gone astray

آمِينَ

*Aameen*

Oh Allah answer our prayer!

Recite another chapter from the Qur'an if this is the 1st or 2nd Rak'ah (Unit). Refer to the end of this booklet for some short chapters from the Qur'an.

In the 3rd and 4th Rak'ah (Unit), only recitation of the Fatiha is required.

## STEP 5



In the standing position, raise both hands as in Step 1. Then say:

*Allaahu Akbar*  
Allah is Greatest

اللَّهُ أَكْبَرُ

## STEP 6

You should now be in the bowing (rukoo') position.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

*Subhaana rabbiyal 'atheem*  
Glory be to my Lord the Supreme

x3

Say this 3 times



## STEP 7

Next, come up from the bowing position into the standing position.



As you are coming up say:

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

*Sami'-Allaahu liman hamidah*  
Allah listens to the one who praises him

**STEP 8**

Now you should be in the standing position with your hands by your sides.



In this position say:

رَبَّنَا وَ لَكَ الْحَمْدُ

*Rabbanaa wa lakal hamd*

Our Lord, and to You belongs the praise

**STEP 9**

Next you go into the prostration (sujood) position as described below.

As you go into this position say:

*Allaahu Akbar*

Allah is Greatest

اللَّهُ أَكْبَرُ

**Important:** In the prostration position (sujood), ensure:

1. The nose and forehead are touching the ground
2. The two palms are on the floor with fingers together
3. The two knees are on the floor
4. The toes of both feet are upright and not laying flat on the floor

In the sujood position say the following 3 times:

x3

*Subhaana rabbiyal 'alaa*

Glory be to my Lord Most High

سُبْحَانَ رَبِّيَ الْأَعْلَى



**STEP 10**

Next you come up into the sitting position, saying:

In this position, sit on the left thigh, with the left foot along the ground and the right foot upright. The toes of the right foot should be facing the Qiblah and the hands should be placed of the knees.



*Allaahu Akbar*  
Allah is Greatest

اللَّهُ أَكْبَرُ

In the sitting position say the following (3 times):

رَبِّ اغْفِرْ لِي

x3

*Rabbighfirlee*

Oh Allah, forgive me

**STEP 11**

Next you go into the prostration (sujood) position for a second time as described in step 9. As you go into this position say:

*Allaahu Akbar*  
Allah is Greatest

اللَّهُ أَكْبَرُ

In the sujood position say the following 3 times:

x3

*Subhaana rabbiyal 'alaa*  
Glory be to my Lord Most High



سُبْحَانَ رَبِّيَ الْأَعْلَى

**The first unit is now complete.**

**Now you should complete the second/final rak'ah (unit).**

## PERFORMING THE SECOND OR FINAL RAK'AH (UNIT) OF PRAYER.

### STEP 1

Stand up from the prostrating or sitting position

As you are coming up say:

*Allaahu Akbar*  
Allah is Greatest

الله أكبر



### STEP 2



Repeat steps 3 to step 11 from the first Rak'ah (unit) of prayer.

## STEP 3



After step 11 say:

*Allaahu Akbar*  
Allah is Greatest

اللَّهُ أَكْبَرُ

Then go into the sitting position. At this point raise your index finger on your right hand.

## STEP 3 CONTINUED



Now recite the following:

التَّحِيَّاتُ لِلَّهِ وَالصَّلَاةُ وَالطَّيِّبَاتُ

- ① *Attahiyyaatu lilaahi wassalawaatu wattayyibaatu*

All compliments, prayers and pure words are due to Allah

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ

- ② *assalaamu 'alayka ay-yuhan-nabiyyu*

Peace be upon you Oh Prophet

وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

- ③ *wa rahmatullaahi wabarakaatuh*

And the mercy of Allah and His blessings



السَّلَامُ عَلَيْنَا وَعَلَىٰ عِبَادِ اللَّهِ الصَّالِحِينَ

④ *assalaamu 'alaynaa wa 'alaa 'ibaadil-laahissaliheen*

Peace be upon us and on the righteous slaves of Allah

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

⑥ *Ash-hadu allaa ilaaha illallaah*

I bear witness that there is no God or deity worthy of worship except Allah

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

⑦ *Wa ash-hadu anna Muhammadan 'abduhu wa rasooluh*

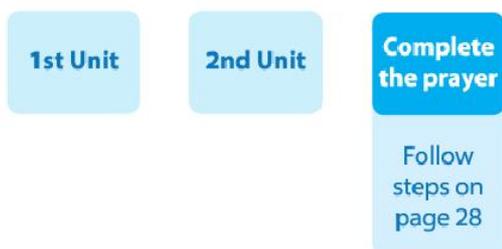
And I bear witness that Muhammad is His slave and Messenger

## WHAT TO DO NEXT?

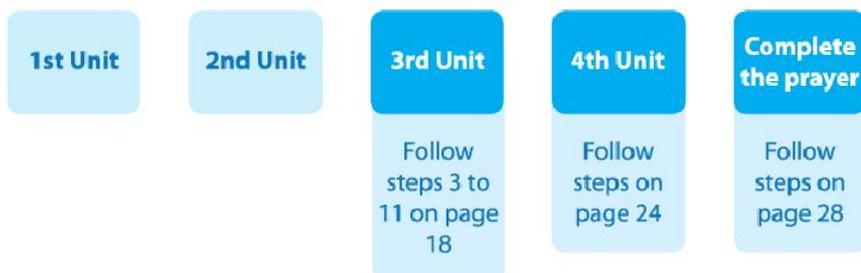
You have now completed the first and second rak'ah (units). What you do next will depend on which prayer you are performing. i.e. how many rak'ah (units) you are performing.

Use the chart below to know what your next step is.

### FAJR



### DHUHR, ASR & ISHA'



### MAGHRIB



## COMPLETING THE PRAYER.

### STEP 1



اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ

- ① *Allahumma salli 'ala Muhammad*  
Oh Allah, send prayers upon Muhammad

وَعَلَى آلِ مُحَمَّدٍ

- ② *wa 'ala aali Muhammad*  
and upon the family of Muhammad

كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ

- ③ *kamaa salyta 'ala Ibraheem*  
as You sent prayers upon Ibrahim

وَعَلَى آلِ إِبْرَاهِيمَ

- ④ *wa 'ala aali Ibraheem*  
and upon the family of Ibrahim

إِنَّكَ حَمِيدٌ مُجِيدٌ

- ⑤ *innaka hameedun Majeed*  
indeed You are praiseworthy, Most glorious



وَبَارِكْ عَلَى مُحَمَّدٍ

- ⑥ *wa baarik 'alaa Muhammad*  
and send Your blessings upon Muhammad

⑦ وَعَلَى آلِ مُحَمَّدٍ

- wa 'alaa aali Muhammad*  
and upon the family of Muhammad

كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ

- ⑧ *kamaa baarakta 'alaa Ibraheem*  
as You sent prayers upon Ibrahim

وَعَلَى آلِ إِبْرَاهِيمَ

- ⑨ *wa 'alaa aali Ibraheem*  
and upon the family of Ibrahim

إِنَّكَ حَمِيدٌ مُجِيدٌ

- ⑩ *innaka hameedun Majeed*  
indeed You are praiseworthy, Most glorious

### DEFINITION OF SALAH

The Arabic word Salah originates from the word silah which means connection. The Islamic definition of Salah is the name given to the formal prayer of Islam. The prayer is one of the obligatory rites of the religion, to be performed five times a day by every obedient adult Muslim. It is a connection between the human and his Creator Allah ﷻ.

### 2ND PILLAR OF ISLAM

Salah is the second pillar of Islam. Performing Salah is the first priority after belief in the Oneness of Allah ﷻ and in the prophethood of Muhammad ﷺ.

It is such an important pillar, that Muslims are called upon to perform this act of worship in all circumstances without fail.

### WHO MUST PRAY

Prayer is obligatory upon every sane adult Muslim. A person is considered an adult upon reaching puberty.

There are four signs of puberty (any one of these signs means the person has reached puberty):

1. Wet dreams
2. Pubic hair
3. Menstruation (for girls)
4. Reaching the age of 15 (lunar years)

Upon completion of the Tashahhud and the words that follow, the prayer is finished with the Tasleem by doing the following:

**STEP 2** RIGHT SIDE



Turn your head to the right and say:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

*Assalaamu 'alaykum wa rahmatullah*  
May Allah's peace and mercy be upon you

**STEP 3** LEFT SIDE

Turn your head to the left and say:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

*Assalaamu 'alaykum wa rahmatullah*  
May Allah's peace and mercy be upon you



The Salah (Prayer) is now complete.

It is recommended to make supplication after the completion of the prayer, and pray any sunnah prayers (where applicable).

**SUPPLICATION** AFTER PRAYER



x33

سُبْحَانَ اللَّهِ

*Subhaan Allah*

Glory be to Allah

x33

الْحَمْدُ لِلَّهِ

*Al-hamdu lillah*

Praise be to Allah

x34

اللَّهُ أَكْبَرُ

*Allahu Akbar*

Allah is the greatest

## SHORT QUR'ANIC CHAPTERS (SOORAH)

Any of the following chapter may be recited after Suratul Faatihah in the first two Rak'ah (units) of the prayer.

### SOORATUL KAWTHAR [108]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*Bismillaahir-rohmaanir-raheem*

In the name of Allah, the Most Beneficent, the Most Merciful

إِنَّا أَعْطَيْنَاكَ الْكَوْثَرَ

① *Innaa a'ataynaakal kawthar*

Indeed, We have granted you, [Oh Muhammad], al-Kawthar

فَصَلِّ لِرَبِّكَ وَأَنْحَرْ

② *Fasalli lirabika wanhar*

So pray to your Lord and sacrifice [for Him alone]

إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ

③ *Inna shaani'aka huwal abtar*

Indeed your enemy is the one cut off.

## SOORATUL IKHLAAS [112]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*Bismillaahir-rohmaanir-raheem*

In the name of Allah, the Most Beneficent, the Most Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ

1

*Qul huwallaahu ahad*

Say: He is Allah, (The) One

اللَّهُ الصَّمَدُ

2

*Allaahussamad*

Allah, the eternal Refuge {the one sought in times of difficulty and need}

لَمْ يَلِدْ وَلَمْ يُولَدْ

3

*Lam yalid walam yoolad*

He neither begets, nor is He born

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

4

*Walam yakullahu kufuwan ahad*

nor is there to Him any equivalent

## SOORATUL FALAQ [113]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*Bismillaahir-rohmaanir-raheem*

In the name of Allah, the Most Beneficent, the Most Merciful

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ

1

*Qul a'oothu birabbil falaq*

Say: I seek refuge with the Lord of the daybreak

مِنْ شَرِّ مَا خَلَقَ

2

*Min sharri maa khalaq*

from the evil of what He has created

وَمِنْ شَرِّ عَاسِقٍ إِذَا وَقَبَ

3

*Wamin sharri ghasiqin ithaa waqab*

and from the evil of the darkening (night) as it comes with its darkness

وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ

4

*Wamin sharrin-naffaathaati fil'uqad*

and from the evil of the witchcraft when they blow in the knots

وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

5

*Wamin sharri haasidin ithaa hasad*

and from the evil of the envier when he envies

## SOORATUL ANNAAS [114]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*Bismillaahir-rohmaanir-raheem*

In the name of Allah, the Most Beneficent, the Most Merciful

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

1 *Qul a'oothu birabbinnas*

Say: I seek refuge with the Lord of Mankind

مَلِكِ النَّاسِ

2 *Malikinnas*

The King of Mankind

إِلَهِ النَّاسِ

3 *Ilaahinnas*

The God of Mankind

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

4 *Min sharril waswaasil khanaas*

From the evil of the whisperer who withdraws (when one remembers Allah)

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

5 *Allathee yuwaswisu fee sudoorinnaas*

Who whispers in the breasts of mankind

مِنَ الْجِنَّةِ وَالنَّاسِ

6 *Minal jinnati wannas*

From among the jinn and mankind

my  
**PRAYER**

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